



NEW: FOLK DANCE CLASS for Exercise & Fun!!

When: Every Thursday starting January 16, 2025

Time: 11:00 AM-1:00 PM

Where: UUSS (Unitarian Universalist Society of Sacramento)
2425 Sierra Blvd. between Howe Ave. and Fulton Ave. I am grateful to UUSS for letting me use their lovely facility. Unitarian members are warmly urged to join us!

What: Easy international folk dances from Eastern Europe, Israel, France, Russia, and beyond... Class is designed for beginners and experienced dancers who want to do the easier dances. No partners needed. Every dance will be taught, then reviewed each time it is done again.

Parking: Plenty of FREE parking close to the hall!

What to wear: loose, comfortable clothing, flat-soled shoes. Name tags are helpful.

Cost: FREE!! Donations are welcome and will go to UUSS

Bring: your own water or tea.

Health recommendations: Please be fully vaccinated for Covid. Masks are optional.

Teacher: Barbara Bevan Contact: 916-923-1555 or 916-601-8445

Driving directions:

Driving north or south on Howe Ave: turn east on Sierra Blvd.

Driving north or south on Fulton Ave: turn west on Sierra Blvd.

UUSS at 2425 Sierra Blvd. is on the north side of the street.

It is a large property with a big sign.

***** Come join us for good exercise and fun! *****